



Neighborhood in Focus:

Penrose



Hello Penrose Neighborhood Resident:

As part of PIER (Prevention, Intervention, Enforcement, and Re-Entry), the City's Comprehensive Crime Plan, we are focusing efforts on 15 neighborhoods – Penrose Neighborhood– is one of them. The following pages contain graphics focusing on health data to help move conversations away from emotion and ground them in facts. This “Neighborhood In Focus” also highlights health needs identified in the Penrose Neighborhood and available resources to help meet those needs.

Crime is influenced by many factors in the community. The Center for Disease Control has identified some aspects of crime -- such as violence -- as a public health concern. This calls for a public health response.

Penrose Neighborhood has a lot of positive attributes that have formed its history and will help us to provide the basis for an even better future. The City of St. Louis Department of Health (DOH) hopes will be able to use this “Neighborhood In Focus” guide for your neighborhood improvement discussions.

Let us know what you think.

Sincerely,



Melba R. Moore, MS, CPHA
Acting Director / Commissioner of Health



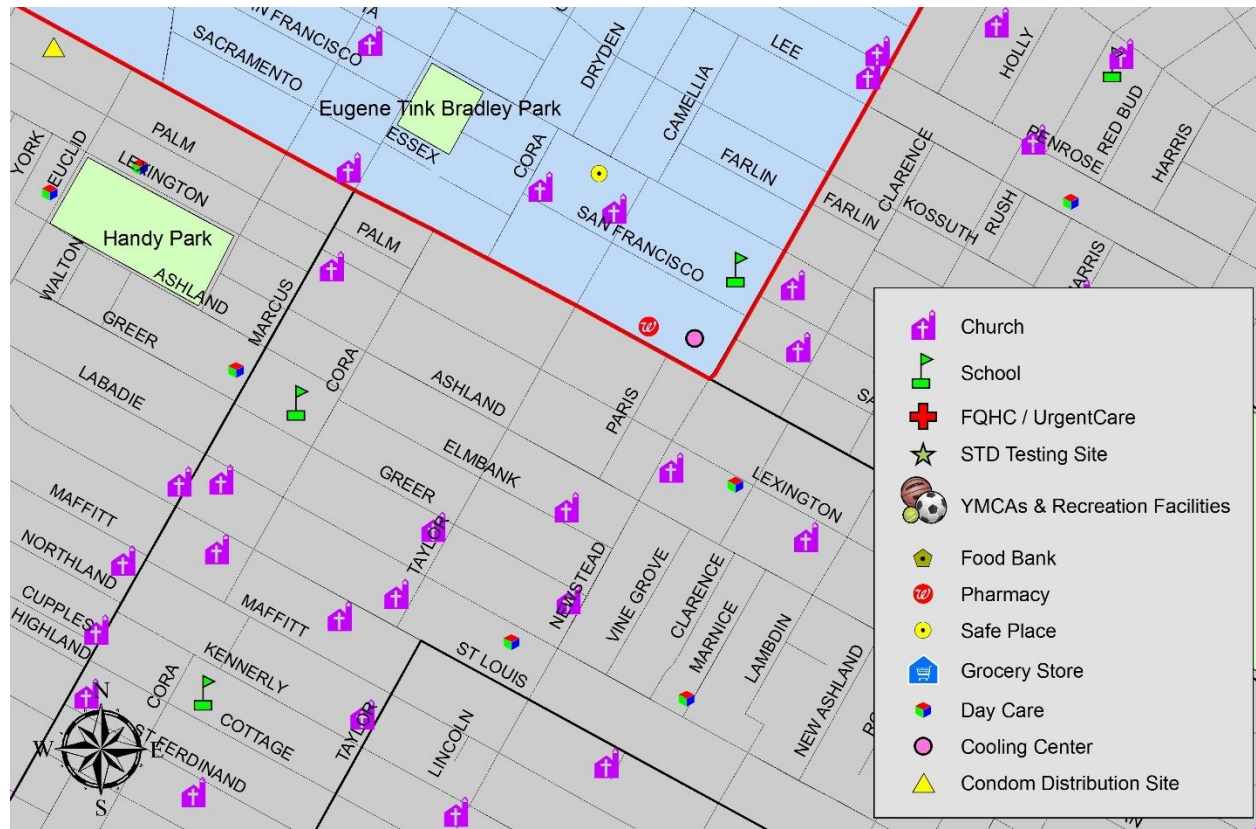
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Disclaimer: Information in this guide is meant to inform the public about health indicators in the community. Selection of data is limited to indicators available for abstraction by neighborhood level or zip code level. Neighborhood rankings are based on rates of respective indicator. Data sources include Centers for Disease Control (CDC), Census (2010), Missouri Department of Health and Senior Services (MDHSS), Behavioral Risk Factor Surveillance System (BRFSS), Missouri Department of Motor Vehicles (DMV), CityWorks, and Understanding Our Needs (UON) 2016.

Perris Neighborhood





A PUBLIC HEALTH PROBLEM

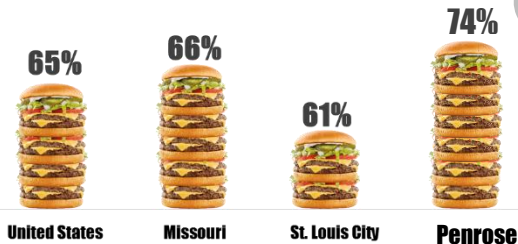
Access to nutritious food is a challenge: 55% of the City of St. Louis is considered a food desert.

About 1 in 5 Americans meet national physical activity guidelines.

Adult Americans spend a significant amount of their day at work, and many struggle to be physically active.

YOUR NEIGHBORHOOD

Overweight & Obesity Prevalence



Overweight & Obesity

IN THE CITY OF ST. LOUIS

74% of Penrose residents are overweight or obese

Compared with 79 City of St. Louis neighborhoods, Penrose ranked 11th highest for overweight & obesity rates.

A PUBLIC HEALTH SOLUTION

Public health improves food safety and food choices. For tips on making better choices: check out Choose MyPlate.



Public health creates opportunities to be physically active. Check out Let's Move!



Create or enhance physical activity environments to be safe and pedestrian friendly. Check out the Sustainable Neighborhood toolkit.



Source: BRFSS, DMV (2014)

What the City of St. Louis Department of Health Can Do

Let's Move! is a comprehensive initiative, launched by the First Lady, dedicated to solving the problem of obesity within a generation, so that children born today will grow up healthier and able to pursue their dreams.

Jump N2 Shape is a regional health movement led by the DOH to promote weight loss and increase fitness among area residents.

Nutrition Services is a group of dietitians that provide current and reliable nutrition information.

What You Can Do



**DRINK LESS
SODA, MORE
WATER**



**CHOOSE
HEALTHY
CHOICES**



**INCREASE
ACTIVE
PLAY**

List of Resources

City of Saint Louis, Department of Health, Health Promotion Education & Marketing Division: Health Institute STL

1520 Market Street, Room 4045
St. Louis, MO 63103
Phone: (314) 657-1480

Jump N2 Shape: 314-657-1480

Email: info@jumpn2shape.com
www.facebook.com/JUMPN2Shape

Let's Move!
<http://www.letsmove.gov>

Choose MyPlate:
<http://www.choosemyplate.gov/>

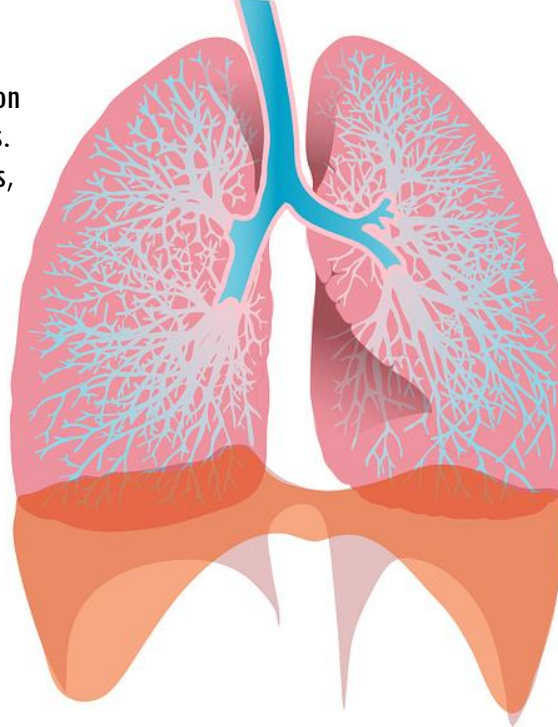
Sustainable Neighborhood Toolkit:
<http://sustainableneighborhood.net>

More information on other great programs can be found online:
<https://www.stlouis-mo.gov/government/departments/health/health-promotions/index.cfm>

THE IMPACT OF

Asthma

IN THE CITY OF ST. LOUIS



Asthma is a disease that affects your lungs. It is one of the most common long-term diseases for people of all ages. Asthma causes wheezing, breathlessness, chest tightness, and coughing at night or early in the morning.

Asthma Triggers



Environmental
Smoking
Animal dander
Dust & mold
Chemicals
Smoke
Pests and insects



Seasonal
Temperature changes
Pollen
Allergens



Physical stress
Strenuous activity
Illness

1.6% of adults in zip code 63115 visited the ER for asthma in 2013.

3.8% of children (under 18) in zip code 63115 visited the ER for asthma in 2013.

In 2013, 2.2% of residents in zip code 63115 visited the ER for asthma.

In 2013, the zip code 63115 ranked 3rd highest in asthma rates among 18 St. Louis City zip codes.



Did you know? 1 in 15 Americans suffers from asthma. Know your triggers!

What the City of St. Louis Department of Health Can Do

Asthma Friendly St. Louis helps kids manage their asthma.

Free services provided:

- Asthma education
- Resource Guide
- Home Assessment Workbook
- Home asthma trigger reduction assistance
- Bedding encasements
- Cleaning kits
- HEPA vacuum loan referrals
- Air filters
- Referral for asthma equipment

What You Can Do

Get an Asthma Home Assessment to identify triggers.

Visit a doctor regularly and frequently to discuss asthma symptoms and treatment.

Have a plan in place to monitor asthma triggers.

List of Resources

City of St. Louis
Department of Health
Asthma Friendly St. Louis
1520 Market St.
Room 4051
St. Louis, MO 63103
Phone: 314-657-1423
Fax: 314-612-5005

Visit us online:
asthmafriendlystlouis.org

THE PROBLEM



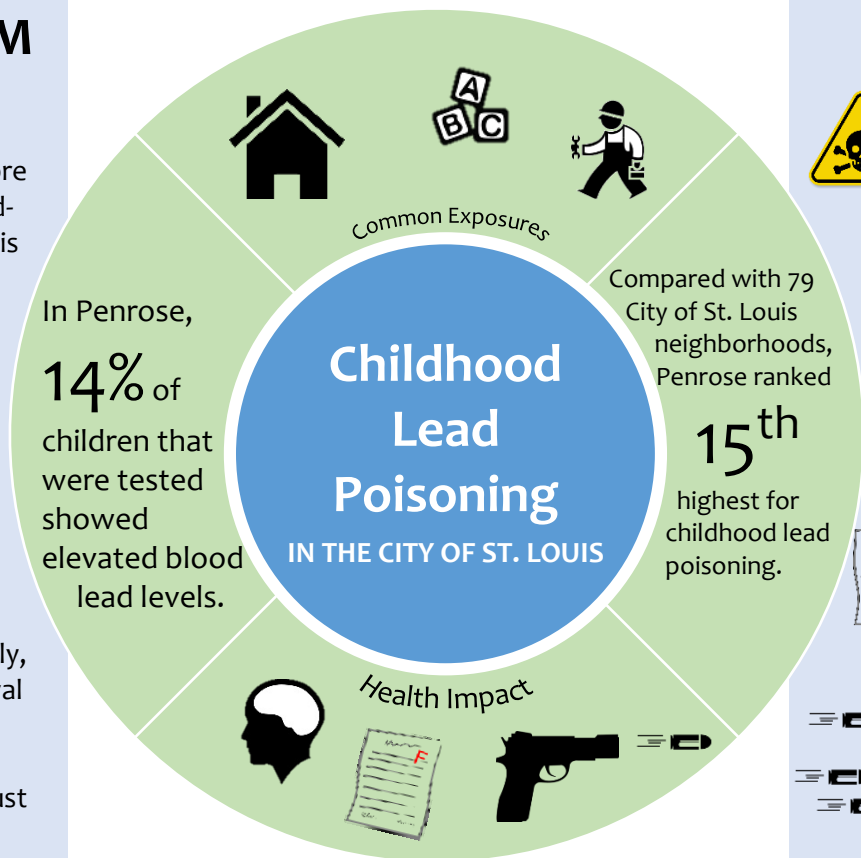
Many St. Louis homes built before 1978 contain lead-based paint that is deteriorating.



Small amounts of lead dust or chipped paint can be enough to cause lead poisoning.



If done incorrectly, lead paint removal can expose the lead and cause contaminated dust to be airborne.



THE IMPACT



Lead can be ingested, inhaled, or absorbed through the skin, causing lead poisoning.



Lead poisoning causes damage to the brain, causing learning disorders, and hearing problems.



Lead-exposed children may perform poorly in schools and tend to drop out.



A growing body of evidence in the social and medical sciences traces high crime rates to high rates of lead exposure.

What the City of St. Louis Department of Health Can Do

We offer free blood lead level testing for your child.

We provide education on nutrition and cleaning techniques that can reduce lead exposure.

We offer free water testing for your home's plumbing.

What You Can Do



Get tested.

Talk with your child's doctor about a simple blood lead test.



Check your home.

Talk with us about testing paint and dust in your home for lead.



Remove the threat.

Discard any items in the house that may contain lead.



Renovate safely.

Use contractors certified by the EPA to prevent hazardous lead dust.

List of Resources

Request a home inspection or water test by calling CSB: 314-622-4800

City of St. Louis
Department of Health
Maternal Child and Adolescent Health

1520 Market St.
Room 4051
St. Louis, MO 63103
Phone: 314-657-1456
Hours: 8:00 AM – 5:00 PM

Check out the website:
www.leadsafestlouis.com



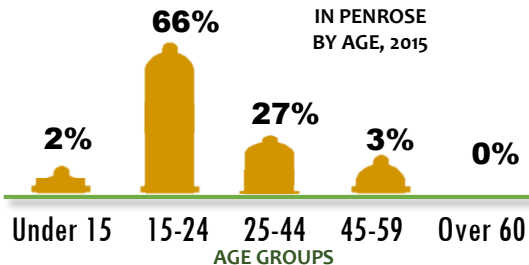
PUBLIC HEALTH IMPACT

Chlamydia and Gonorrhea are the most commonly reported sexually transmitted Infections in the United States, Missouri and City of St. Louis.

Most people with STIs don't have symptoms.

Know your STATUS.
Get checked!

WHO IS AT RISK?



CHLAMYDIA AND
GONORRHEA
IN PENROSE
BY AGE, 2015

CHLAMYDIA & GONORRHEA

STIs

IN THE CITY OF ST. LOUIS

Did you
KNOW?



In Penrose, 74% of residents testing positive for chlamydia were women.

91%

91% of residents in Penrose who tested positive for STIs were African American.



Young adults are at higher risk for STIs

YOUR NEIGHBORHOOD

Compared with 79 City of St. Louis neighborhoods, Penrose ranked:

- 12th highest for chlamydia rates
- 7th highest for gonorrhea rates

Need a condom?
Need it NOW?
Find FREE condoms here!

www.stlcondoms.com

What the City of St. Louis Department of Health Communicable Disease Bureau Can Do For You

We provide testing and referral services.

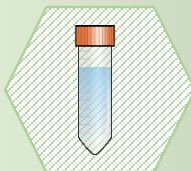
We do outreach using mobile testing methods.

We come to your area schools and youth programs and educate the community.

We use data to target our interventions.

We have on-going partnerships working to implement a comprehensive prevention plan.

What You Can Do



Get tested!



Use condoms properly and consistently.



Limit or eliminate drug and alcohol use before and during sex.



Reduce the number of sexual partners.

List of Resources

City of St. Louis Department of Health
Communicable Disease
1520 Market St.
Room 4027
St. Louis, MO 63103
Phone: 1-888-291-2437

Disease Intervention
Services: 314-612-5188

For HIV linkage to care:
1-844-546-5785

Education & Community
Planning: 314-612-5188

Medical Records:
314-657-1447

For TB info: 314-612-1400

HIV & Hepatitis Surveillance:
314-657-1501

St. Louis Regional HIV Health
Services Planning Council
<http://stlplanningcouncil.com>



ENVIRONMENTAL PUBLIC HEALTH COMPLAINTS IN YOUR NEIGHBORHOOD

32.1% of

complaints in
Penrose were for
trash, tires, and
sanitation concerns.



45.8% of

complaints in
Penrose were
animal related.



21.1% of

complaints in
Penrose were
about mosquitoes
and rats control.



1.1% of complaints
in Penrose were for
restaurant and food-
related issues.



ELEMENTS THAT AFFECT OUR HEALTH



sanitation of our
surroundings



welfare of our
animal
companions



food that we
eat



air that we
breathe



presence of
disease-carrying
vectors

Compared with 79 City of St. Louis neighborhoods, Penrose ranked 18th highest for environmental health complaints.

Source: Cityworks (2015)



What the City of St. Louis Department of Health Bureau of Environmental Health Services Does for You



Community Sanitation strives to ensure a safe and sanitary environment



Animal Care & Control promotes the health and safety of residents and companion animals



Food & Beverage Control works to ensure a safe food supply



Air Pollution Control reviews asbestos abatement and demolition permits



Vector Control helps to decrease the number of mosquitoes and rats

■ What You Can Do

Call us about your concerns



Send complaints to CSB



Be involved in your neighborhood

We Care!

List of Resources

Citizens' Service Bureau (CSB)

Phone: 314-622-4800

Submit complaints online:

<https://www.stlouis-mo.gov/government/departments/public-safety/neighborhood-stabilization-office/citizens-service-bureau/csb-request-submit.cfm>

Tweet your complaint [@stlcsb](https://twitter.com/stlcsb)

City of St. Louis Dept. of Health
Bureau of Environmental Health
Services

520 Market St, Room 4051

St. Louis, MO 63103

Phone: 314-657-1539

Fax: 314-612-5367

THE PROBLEM

The St. Louis metropolitan area consistently has rates of violence far higher than most other places in the United States – ranking 9th in the nation for number of youth murdered with guns in 2012.

PENROSE



57 in 1000 residents experienced burglary, larceny, or vehicle theft.



23 in 1000 residents were victims of a violent crime.



8 in 1000 crimes reported involved drugs.

The health impact of CRIME IN THE CITY OF ST. LOUIS

Compared with 79 City of St. Louis neighborhoods, Penrose ranked:

- 42nd highest for property crime rates
- 34th highest for violent crime rates
- 23rd highest for drug-related crime



HEALTH IMPACT

Violence is a serious public health problem. It affects people in all stages of life. Those who survive violence suffer physical, mental, and or emotional health problems throughout the rest of their lives.

VIOLENCE

- Violence is the leading cause of injury, disability, and premature death.
- Youth violence is the 3rd leading cause of death for young people (15-24 years).
- It also affects the health of communities.



Decreases
property
values



Disrupts
social
services



Increases
healthcare
costs

What the City of St. Louis Can Do For You

The St. Louis Metropolitan Police Department provides:

- Free home security surveys
- Classes for businesses to teach employees how to prevent robbery and how to respond should a break-in occur
- Free Fraud Prevention seminars

Citizen Service Bureau handles many nuisance issues:

- accumulation of trash, weeds
- street maintenance
- traffic control signals and signs
- street lights
- requests for building and health inspections
- stray or vicious dogs

We can provide you and your neighborhood with tools to create a Neighborhood Ownership Plan.

What You Can Do



Check the security of your home and vehicle regularly.



TRUST YOUR INTUITION.
Be aware of your personal surroundings.



Join a Neighborhood Watch Program in your area.



Create or join a Neighborhood Ownership Plan to reduce crime (more info at 314-622-4941)



Check out http://www.slmpd.org/crime_prevention.shtml for more tips.

List of Resources

Emergency: 9-1-1

Non-Emergency
314-231-1212

Central Patrol Division
919 N. Jefferson Ave.
St. Louis, MO 63106
314-444-2500

Crime Stoppers
1-866-371-TIPS

Citizen Service Bureau
314-622-4800

For Home Security Surveys
or Robbery Prevention
Training Contact:
CrimePrevention@slmpd.org

Alderpersion



Sharon Tyus
Ward 1 Alderwoman
Phone: 314-622-3287
Fax: 314-622-4273



Antonio French
Ward 21 Alderman
Phone: 314-622-3287
Fax: 314-622-4273

Citizens' Service Bureau

Address: 1520 Market St
Room 4087

Phone: 314-622-4800

Fax: 314-622-4310

Submit complaints online:

<https://www.stlouis-mo.gov/government/departments/public-safety/neighborhood-stabilization-office/citizens-service-bureau/csb-request-submit.cfm>

Tweet complaints: [@stlcsb](https://twitter.com/stlcsb)

Neighborhood Improvement Specialist (NIS)

Judy C. Lane
NIS for Ward 1 & 15
Phone: 314-657-1365
Fax: 314-613-3120

Christian Saller
NIS for Ward 21
Phone: 314-657-1375
Fax: 314-613-3120

St. Louis Metropolitan Police Department (SLMPD)

North Patrol Division
Address: 4014 Union
St. Louis, MO 63115
Emergency: 911
Non-Emergency: 314-231-1212
District Phone: 314-444-0001

City of St. Louis Department of Health



Address: 1520 Market St,
Room 4051
St. Louis, MO 63103
Main Phone: 314-612-5100
Main Fax: 314-612-5105
Hours: Mon-Fri, 8 AM – 5 PM

- Health Promotion, Education, & Marketing: 314-657-1480
- Maternal Child and Adolescent Health: 314-657-1456
- Environmental Health: 314-657-1539
- Communicable Disease: 314-657-1501



Find us on Facebook: <http://www.facebook.com/CityofSTLDOH>



Find us on Twitter: [@CityofSTLDOH](#)

City of St. Louis City Agencies

Building Division	314-622-3332
Citizen Service Bureau	314-622-4800
City Emergency Management Agency	314-444-5466
Civil Rights Enforcement Agency	314-622-3301
Collector of Revenue	314-622-3291
Human Services	314-612-5900
St. Louis Area Agency on Aging (SLAAA)	314-612-5918
Veterans Affairs	314-657-1656
Office of Disabled	314-622-3686

City of St. Louis City Agencies

Operation Brightside	314-772-4646
Parks, Recreation & Forestry	314-289-5300
Personnel	314-622-4308
Recorder of Deeds	314-622-3260
Vital Records Registrar	314-622-4610
Marriage License	314-622-3257/4527
Refuse Division	314-647-3111
St. Louis Agency on Training & Employment (SLATE)	314-657-3500
Street Department	314-647-3111
Water Division	314-633-9000

Community Resources in Zip Code 63115

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Resources listed were obtained through 2-1-1 services and MDHSS. Inclusion of an external program, resource, or website does not imply endorsement by or represent the view of the City of St. Louis Department of Health. For a full listing of resources, call 2-1-1 or visit their website online at

<http://www.211.org/>

Job Resources

STL Workforce Centers	Address	Phone Number	Zip Code
The Met Center	6347 Plymouth	314-748-0713	63133
Cherokee & Ohio	2715 Cherokee	314-778-4220	63118
Prince Hall	4411 N. Newstead	314-875-9332	63115

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<http://www.211.org/>

Housing/Utility Resources near 63115

Facility Name	Address	Phone Number	Zip Code
Society of St. Vincent De Paul - St. Matthew	2715 N Sarah St	314-289-6101 X1169	63113
Society of St. Vincent De Paul - Sts. Teresa and Bridget	3636 N Market	314-289-6101 X1102	63113
Society of St. Vincent De Paul - Visitation	1421 N Taylor	314-289-6101 X1124	63113
Covenant House Missouri	2727 N Kingshighway Blvd	314-533-2241	63113
Annie Malone Children and family Services Center	2612 Annie Malone Dr	314-531-0120	63113

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Food Resources for 63115

Facility Name	Address	Phone Number	Zip Code
Family Support Division: St. Louis City: Prince Hall Office	4411 N Newstead	314-877-2400	63115
All Saints Episcopal Church	5010 Terry	314-367-2314	63115
Memorial Boulevard Christian Church	3000 N Kingshighway	314-367-6817	63115
Mount Nebo Missionary Baptist Church Ministry	4981 Theodore Ave	314-389-2269	63115
Society of St. Vincent De Paul - St. Elizabeth Mother of John the Baptist	4330 Shreve Ave	314-381-4145	63115
Wesley House Association	4507 Lee Ave	314-385-1000	63115

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<http://www.211.org/>

Medical Facilities & Clinic Resources for 63115

Facility Name	Address	Phone Number	Zip Code
Family Support Division: Prince Hall Office	4411 N Newstead Ave	314-877-2400	63115
Affinia Health Care	4414 North Florissant Avenue	(314) 898-1700	63107
Myrtle Hilliard Davis	5471 Dr. Martin Luther King Dr.	314.367.5820	63112
Peoples Health Centers, INC	5701 Delmar Blvd	314-367-7848	63112

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<http://www.211.org/>

Childcare Resources for 63115

Facility Name	Address	Phone Number	Zip Code
A Better Future Learning Center LLC	5485 Union Blvd	314-381-0666	63115
Buttons and Bows Preschool Development Center, INC	2819 & 2825 Union	314-381-5544	63115
Canamore, Martha	3053 Marcus Ave	314-383-6950	63115
Dorothy's Little Angels, LLC	4901 Palm Ave	314-383-6196	63115
Faith Love Joy Daycare Incorporation	2819 Marcus Ave	314-381-8985	63115
Gaiter, Kim	4416 San Francisco Ave	314-383-8219	63115
God's Creation Development Center LLC	5475-76 N Kingshighway Blvd	314-802-7861	63115

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<http://www.211.org/>

Childcare Resources for 63115

Facility Name	Address	Phone Number	Zip Code
Good Shepherds Preschool and Infant/Toddler Center	5005 Union Blvd	314-383-5368	63115
Hunter, Cora	4912 Geraldine	314-383-5368	63115
Kids and Learning Center	4401 Shreve Ave	314-915-5824	63115
Little People Learning Center LLC	4008 Shreve Ave	314-269-1507	63115
Moore's Day Care Academy	3948 N Kingshighway	314-383-1554	63115
Mt Chapel Learning Center	2929 Lambdin Ave	314-531-7994	63115
Provident INC	5030 Lexington Ave	314-494-5140	63115
Provident INC	3921 N Newstead Ave	314-304-7825	63115
Round-About Childcare	4710 Sacramento Ave	314-382-2143	63115
Watson, Ramona	4650 Korte	314-381-5330	63115
YMCA-Monsanto Branch-Northside Community School	3033 N Euclid Ave	314-385-9502	63115
Young Women's Christian Association of Metropolitan St Louis, Missouri	4632 W Florissant Ave	314-385-0598	63115

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City of St. Louis Department of Health
1520 Market St.
St. Louis, MO 63103



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